

Patient Escort Information

Important information for adults accompanying patients having treatment under intravenous or inhalation sedation as an oral surgery out patient

You have been asked to accompany someone who is having treatment with intravenous or inhalation sedation.

Patients can feel less anxious if they receive a sedative drug (medicine) before or during their treatment.

The drugs used can cause patients to feel a little disorientated or confused for a short time after the treatment. The length of time will depend on the drug used.

What is required of the escort

You must arrive with the patient. You will need to stay in the department for the entire duration of the treatment and recovery.

As you will need to care for the patient on their journey home, please do not bring children or dependent adults with you to the appointment.

Please bring any reading material, entertainment and refreshments that you may need during the appointment.

We ask you not to leave the department during the appointment as this may result in delay or cancellation of the treatment.

The total appointment time is usually around two hours for intravenous sedation and one hour for inhalation sedation. Some patients, however, will take a little longer than others to be ready to go

home, so please be aware that a precise time cannot be given.

The patient will not be able to go home until the surgeon is satisfied that the patient is in the care of a responsible adult (over 18 years of age).

It is important for a responsible adult to take care of the patient for 24 hours following the last dose of sedation.

Patient advice

Patients should be encouraged to rest for the remainder of the day at home.

The patient's ability to think clearly is likely to be affected after receiving sedation.

For 24 hours after their appointment they must not (unless otherwise advised):

- Make any irreversible decisions
- Be in sole charge of another person (e.g. children or dependant adults)
- Drive a vehicle or ride a bicycle
- Operate machinery (including kitchen and domestic appliances e.g. kettle)
- Drink alcohol

Owing to the after-effects of some of the drugs used, care should be taken when using the internet for personal communication or shopping.

Medications

The surgeon will explain to the patient which pain relief medicines he or she may take.

Patients should take their usual prescribed medicines unless directed otherwise by their surgeon.

Further information

If you have any questions before or have any problems after the treatment, please contact the maxillofacial department on the numbers below.

Monday to Friday 0900 - 1700 hours

01392 402216

01392 403711

01392 403320

Out of Hours

For emergency advice regarding increased swelling or bleeding, please contact or visit your GP, dentist or attend the Emergency Department.

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by Royal Devon staff undertaking procedures at the Royal Devon hospitals.

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